



# SCHMIDT LAW GROUP

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## 11 Steps To Take When Suffering From A Slip Or Trip And Fall Accident


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## 1. Record The Time

Record what time you fell, to the minute, on an incident report provided by the owner of the property. Get a COPY of the incident report when it is completed.

## 2. Take Clear Pictures

Take clear pictures of the dangerous condition (water, substance, hole, etc) before it is cleaned up or altered by the property owner.

## 3. Determine The Cause

Determine what the substance is that caused you to slip and fall.  
(water, juice, cat litter, etc)

## 4. Take More Pictures

Take pictures of the owner or employees cleaning up the dangerous condition.

## 5. Get Information

Get witness(es) name, phone number, and email address, and make sure witness gives their names and phone number to the property owner.

## 6. Notify The Owner

Tell the property owner that you are injured and will be seeking medical care to get an evaluation.

## **7. Save Evidence**

Bag and preserve the clothes you were wearing at the time of the accident, including shoes, to be used as evidence at a later time.

## **8. Get Evaluated Immediately**

If you feel pain and soreness, go immediately to an Urgent Care, Emergency Room, or your primary care doctor to get an evaluation. If you have a head injury make sure you get referred for an MRI or CT scan to determine if there is a brain injury.

## **9. Talk To Your Doctor**

Tell the initial doctor about everything you felt at the time of the fall, and what you are feeling at the time of the evaluation. All the pain and soreness in your body, dizziness, confusion, headaches, memory loss, etc. Make sure doctor records **ALL** of your complaints in the medical record.

## **10. Use Your Health Insurance**

Use your health insurance coverage for all medical care related to the slip/trip and fall. You will be reimbursed later for any co-pays and deductibles that you pay to get the medical attention you need.

## **11. Call Schmidt!**

Meet with a lawyer who is experienced in handling these complex slip/trip and fall claims and is willing to go to court to fight for your right to be compensated and reimbursed for your medical expenses, loss of earnings, and impairment to your activities of daily living. If you slipped or tripped, call Schmidt. The Schmidt Law Group has 14 years of experience handling these claims and has recovered over a million dollars for their clients as compensation.